Hilda Wengrower, Psy.D., DMT teaches in Israel and internationally; supervises live and online. Has worked in the Israeli Ministry of Education for 25 years as therapist, counselor and supervisor of younger colleagues in the arts therapies. Is co-editor with Sharon Chaiklin of the books *The Art and Science of Dance Movement Therapy: Life is Dance*, published In English, Spanish, Korean, Hebrew, German and Russian and their new book *Dance and Creativity within Dance Movement Therapy. International perspectives* was published in 2021. She also co-edited the book *Traditions in Transitions in the Arts Therapies*. Papers and chapters authored by Hilda are released in multiple languages on subjects related to dance movement therapy. Hilda is former chair of the research committee at IACAET where she continues to be member. Nowadays she is researching the intrinsic characteristics of the arts for therapy.